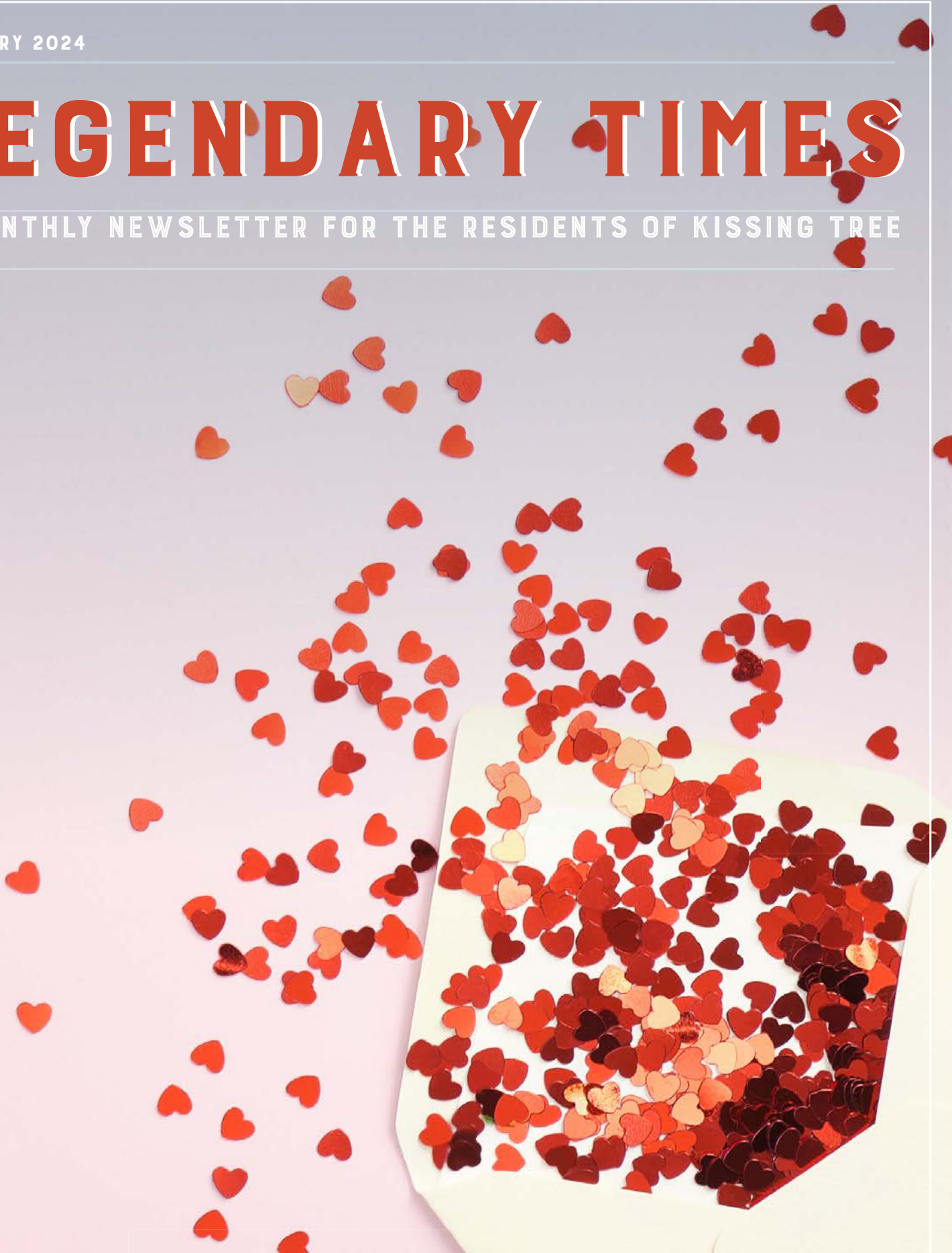
FEBURARY 2024

LEGENDARY TIMES

A MONTHLY NEWSLETTER FOR THE RESIDENTS OF KISSING TREE



KISSING TREE®

SAN MARCOS ★ TEXAS



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A LETTER FROM THE E.D.

Dear Community,

One of the more important relationships Kissing Tree has with San Marcos is with Texas State University. The SPARK Class of 2023 highlighted this relationship in their yearend program debrief with the Community Life Team. What quickly became apparent is just how strong Kissing Tree's support of the University is and that there are opportunities for us to form a strategic partnership with the University that benefits both parties.

The community may not be aware that Brookfield, Cohere, Kissing Tree, SentrySix, and Troon have been engaging the University on their own for many years. Collectively, these organizations:

- Providing internship programs to Texas State students in the Fitness, Facilities, and Community Engagement departments.
- Employ Texas State students and grads in construction, restaurants, golf course, and security.
- Support Texas State artists with over 20 Friends of Fine Arts.
- Fund scholarships and mentor women re-entering college.
- Cheer on Bobcat teams across a wide range of sports.

An additional pillar of such a strategic partnership in 2024 is a special Speaker Series that will predominantly take place on the Kissing Tree campus. If you were paying attention, we kicked off this series at Independence Hall on Tuesday, Jan. 23 with the President of Texas State, Dr. Kelly Demphousse speaking to Kissing Tree residents. There were over 100 residents in attendance at this event!

As the Speaker Series continues to take off and presentations continue to be delivered at Kissing Tree and various locations on the Texas State campus, we envision several opportunities emerging from this partnership we'll call the TXST @ KT INITIATIVE:

1. SPEAKER SERIES: Provide faculty with opportunities to raise awareness for their research and academic centers while enriching the minds of KT residents through a Speaker Series.

2. GIVE BACK: Connect KT residents who are willing to share their professional wisdom, time, and financial support with Texas State students.

3. LIFELONG LEARNING: Streamline the process to provide easier access to lifelong learning opportunities at TXST to KT residents.

Be on the lookout for more announcements about these special events and please feel free to reach out to the TXST @ KT Program Directors David Perry or Jennifer Stagnaro at TXSTKT@gmail.com.

Sincereley,
Matthew Dozier CMCA, AMS, PCAM, LSM.

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FEATURED EVENTS

COFFEE WITH THE E.D.
Wednesday, Feb. 7

Learn about Kissing Tree happenings by joining Executive Director Matthew Dozier in the Activity room at 8:30 a.m.

SUPERBOWL PARTY
Sunday, Feb. 11

Are you all set for Super Bowl Sunday? There's a chili cook-off from 1 - 3 p.m. to enjoy before settling in to watch the big game later on!

MARDI GRAS
Tuesday, Feb. 13

Join us for a Mardi Gras happy hour at Independence Hall and Biergarten at 5 p.m. Enjoy King Cake and dress up in your Mardi Gras best to win prizes!

VALENTINES DAY
Wednesday, Feb. 14

Happy Valentines Day! Let's make this day special by expressing our love and gratitude towards our friends and family!

PRESIDENTS DAY
Monday, Feb. 19

Community life offices are closed in observance of the holiday. Independence Hall and other amenities will still be open.

WEBSITE ORIENTATION
Tuesday, Feb. 20

New to KT or need a refresher? The next website orientation is at 10 a.m. in the Depot. Bring the device you would use to login.

For more information, navigate to the electronic calendar on our resident website.

Want to Share Event Photos?

Share fun photos of you enjoying the KT campus, events, and more! While we may not be able to fit everything, we'd love to feature more resident photography in Legendary Times. If you're interested, please submit photos to ktmc@coherelife.com.



Micahmendations

The Vital Role of Strength Training in Your Life

Often, when we think of fitness, our minds jump to cardio activities like running or cycling. However, strength training is an equally, if not more, important component of a well-rounded fitness regimen. Let's dive into why!

Building muscle strengthens more than just your body:
Strength training is not just about building muscle mass; it's about enhancing your overall physical strength, which benefits your daily activities. Lifting groceries, climbing stairs, or playing with grandkids becomes easier and more manageable as you strengthen your muscles.

Boosts Metabolic Rate:
Muscle tissue burns more calories than fat, even at rest. By increasing your muscle mass through strength training, you boost your resting metabolic rate, making it easier to maintain or lose weight.

Improves Bone Density:
As we age, our bone density naturally decreases, increasing the risk of fractures. Regular strength training can slow down and even reverse this process, promoting stronger, healthier bones.

Enhances Balance Coordination:
Strength training isn't just about lifting weights; it includes exercises that improve balance and coordination. This is crucial for preventing falls and maintaining independence as we age.

Combat Age-Related Muscle Loss:
After the age of 30, we begin to lose as much as 3-5% of muscle mass per decade. Strength training helps combat this loss, keeping our muscles robust and functional.

Improves Mental Health:
Like all forms of exercise, strength training can significantly improve mental health. It releases endorphins, the body's natural mood lifters, which can reduce feelings of depression and anxiety.

Promotes better Posture and Reduces Pain:
Regular strength training strengthens the core, back, and shoulder muscles, leading to better posture and potentially reducing chronic pain, especially in the lower back.

Practical Tips for Incorporating Strength Training:

- Start with lighter weight and gradually increase as you become more comfortable.
- Focus on form over quantity; proper technique is key to preventing injury.
- Incorporate a variety of exercises to work different muscle groups.
- Don't forget to rest; muscles need time to recover and grow after workouts.
- Consider working with one of our trainers to develop a personalized strength training routine that works for you!

Strength training is an essential part of a balanced fitness routine. It's about building a stronger, more resilient body that can better handle the challenges of daily life. If you're new to strength training or looking to enhance your routine, we're here to help. Drop by the Fitness Center or reach out to one of our trainers, their information is available on the resident's website.



Throughout February, each Friday, our Fitness Center will be expanding its wellness scope beyond just fitness! You'll be able to get free advice from IAS Wealth Management anytime from 9 a.m. - 5 p.m., no strings attached. Or stop in at 1:15 p.m. for a free fitness class led by our very own Austin Rounds—followed by a financial wellness clinic led by IAS Wealth Management. We've all heard the phrase "Health is Wealth"- but who says the opposite isn't true too?

FITNESS FANATICS

Jet Moses & Reagan Porter

This month we wanted to do something special and introduce, as our Fitness Fanatics of the month, our new Texas State interns! We're excited to introduce Jett Moses and Reagan Porter. Both bring unique backgrounds, passions, and innovative ideas to the community.

Jett's journey into fitness began on the sports fields of his youth, fostering a deep appreciation for a wide range of training methods. Today, he especially values mobility and strength – key components that benefit every fitness enthusiast, whether a novice or a seasoned athlete.

Jett's philosophy is straightforward yet impactful: be goal-oriented and train with a purpose. He believes that without a clear goal, direction in training is lost. His personal fitness journey has not only shaped him as an individual but has also ignited a passion to help others achieve their fitness aspirations.

Jett has already begun engaging with a handful of residents and has expressed a desire to implement some type of plyometric training for our golfers and pickleballers. In his downtime, Jett enjoys golfing and spending quality time with his dogs.

Reagan Porter joins us with a fresh perspective on fitness and wellness. To her, fitness is more than just physical appearance; it's about feeling good and embracing mental well-being. With a background as a Certified Nursing Assistant, she understands firsthand the importance of exercise in maintaining independence and mobility, especially as we age.

Reagan is especially interested in body recomposition and mental health, areas she is excited to explore further during her internship. Her immediate goal? Well, she's working on a Zumba certification so keep your eyes on the schedule on Mindbody! Reagan believes fitness should be fun and uplifting.

We are excited to have Jett and Reagan as they embark on their journey into the Health, Wellness, and Fitness industry. We need more great trainers and coaches, and they have the opportunity to become catalysts for positive change in the lives of their future clients and, during this internship, the lives of our residents. They come to us with diverse backgrounds and a shared commitment to health and well-being. They are poised to help make a positive impact on the community and, hopefully, we can make a positive impact for them as well. We encourage everyone at KT to extend a warm welcome to Jett and Reagan, so say hi when you see them in class or at the Fitness Center!





CLUB AND GROUP SPOTLIGHT

CANASTA

What is Canasta?
The card game Canasta is a game in the rummy family of games. This card game family includes other well-known games like Gin Rummy, Contract Rummy, and non-card games such as Mahjong. The name of the game comes from the Spanish word for "basket," and is thought to refer to the use of a tray, placed in the center of gameplay, for holding the draw and discard piles. Canasta is played by four players usually. The goal is to beat your opponent by scoring more points. How you can score points by melding cards and making as many “canastas” as possible.

A canasta is a meld of at least seven cards of the same “rank.” Each player starts with fifteen cards in hand. Both players then take turns drawing one card from the stack and discarding one card on the discard pile (in that order). After drawing a card, a player may meld cards if they want to.

Cards are melded in columns of at least three cards. You cannot meld in sequences such as four-five-six. Once a card is melded, it cannot be taken back into the hand. When a player has melded their cards, they end their turn by discarding the card.

A hand is over when one of the players has no cards left in their hand, or when there are no cards left in the stack. The scores of both players are then computed, and a new hand is dealt. A player can only finish a hand when he has at least one or two canastas. A canasta match is over when one player reaches 5,000 points.

When and where does this group meet?
This group has been established at KT for about a year. They welcome all to play, from veterans to beginner players. If you don’t know how to play, they are happy to teach you! So, if you want to make new friends and play a great game, please come and join them at the Stump on Tuesdays at 4:15. If you have any questions, please contact the following: Judy Kellmer: (508) 596-9903. Barbara Hunt: (832) 262-2082. Jody Millstone: (410) 363-1852.

IN CASE YOU MISSED IT

SPEAKER SERIES: KELLY DAMPHOUSSE, PRESIDENT OF TEXAS STATE UNIVERSITY







KNOW YOUR NEIGHBOR

A column by resident Lisa Breaux



Driscoll, Kissing Tree — In the heart of Kissing Tree, where the rhythm of community beats strong, we find ourselves serenaded by the delightful tale of Jay and Pam Leach—two and a half years into their journey in Driscoll.

Their love story began with a high school romance. That seems to be a theme here in KT. Living in Wichita, Kansas, Jay was star-struck by his best friend's sister's best friend.

But let's rewind to where the music started. Jay, a young lad of 8, found himself captivated by the steel guitar player on the Lawrence Welk show. At his grandma's insistence, Jay embarked on a musical journey that led him through Western swing and Hawaiian lessons. By 15, he was leading The Fabulous Apostles, which over a four-year period evolved from a local garage band to a touring band with their own bus traveling, from Canada to Texas.

At 21, armed with $180, a guitar, and a goal, Jay set off for L.A. in his '62 Ford, determined to make it "big." Living on Sunset Blvd., he knocked on doors and networked tirelessly.

MEET JAY AND PAM LEACH

Who could have imagined that 18 years later he would get his first real break of becoming the guitarist for the number one pop singer of that year: Barry Manilow. Several years prior to the “Manilow opportunity” Jay had made what he still considers the most important decision of his life; receiving Jesus Christ as his personal savior. After Barry, career opportunities continued with studio work in TV, movies, and records.

Around 84 or 85 Jay began (during the Christmas season), going unannounced to jails, schools, hospitals, or anywhere else with a chair and a guitar to play a Christmas tune or two to people that were in unfortunate circumstances at that particular time of the year. As these Christmas arrangements evolved over the years it was a natural evolution to record a Christmas album. In 1977 with a little more than 2 weeks to go before beginning to record Jay was hit by an uninsured drunk driver and almost lost his life. After much rehab one year later that exact album would be the first of seven other albums over a twenty-year period of time.





Fast forward to Kissing Tree, where Jay and Pam discovered a community that harmonized perfectly with their aspirations. "The people, without a doubt, far and above, make this a wonderful community," shares Jay. Despite the challenges of the shutdown of the music scene during COVID, Jay continues his musical career by playing locally, even at The Mix. In addition, in his home studio, Jay has recorded several LA projects, including episodes of Dancing with the Stars. He is currently contributing to a Texas film project produced by one of our KT neighbors! 2024 promises to be another year of exciting musical opportunities!

Beyond music, Jay's passion extends to billiards, a love affair that began in his childhood and has now matured into 25-plus years of tournament play across the country. Catch him at The Mix, cue in hand, ready for a game or sharing his expertise in the Kissing Tree Pool League. If you're looking to join the Kissing Tree Pool League, reach out to Glen Von Bieberstein (glenvonb@gmail.com) to join the weekly tournaments. And there's more to come! New gigs are on the horizon, so prepare to be swept away by the infectious rhythm of Jay and Pam Leach—Kissing Tree's musical maestros. Check out Jay's website.



Columnist bio: Lisa Breaux moved to Kissing Tree in August of 2021. She was born in England and traveled frequently as an Air Force “brat.” Coming from a family of writers and artists, she enjoyed her career as an English/writing instructor for 27 years. She discovered her passion for storytelling while visiting nursing homes. Completing a course with the Texas Folklife Storytellers Institute helped her continue her quest for retelling tales. Lisa believes everyone has an interesting story to tell and she is excited to showcase KT residents.

COMMUNITY CONNECTION

Old Soul Exchange

Hey there, wonderful Kissing Tree neighbors! Have you heard the buzz about the charming time capsule right in our town square? Well, if you haven't, get ready to meet Rachel McCartney, the creative force behind Old Soul Exchange, and take a stroll down memory lane in a building that's turning 100 this year!

Yes, you read that right – Old Soul Exchange is housed in a centennial gem at 123 S L B J Dr., and Rachel has transformed it into a haven for vintage enthusiasts and lovers of all things unique. Picture this: a vintage store boasting 30 vendors showcasing a kaleidoscope of treasures, from clothing and decor to jewelry, art, and candles, some of which are made by our very own local artists. It's a vibrant hub of creativity right in our backyard!

Rachel, the mastermind behind this vintage paradise, traces her love for the old-fashioned and the thrill of a good treasure hunt back to her teenage years. Influenced by her guitarist dad (Mr. McCartney, no less!) and brother Robert Paul, she was raised on a diet of Woodstock documentaries – no wonder her Bohemian style is so effortlessly cool.

Old Soul Exchange isn't just a whimsical idea that sprouted overnight. It's the love child of Rachel's passion for vintage and her business savvy. During the chaos of COVID-19, Rachel spotted a need for local artisans to showcase their talents. Enter Curio Caravan, an event coordinating business hosting markets all over central Texas.

But Rachel didn't stop there. She began doing pop-up markets and recognized the yearning for a permanent spot for artists to grow and cultivate the community. "A vintage shop was always on my radar," she explains. Her mission is clear: help small businesses thrive, stay vendor-centric, and educate the community on the importance of shopping second-hand, giving clothes and objects a new life while supporting the incredible artists who pour their souls into their craft.

Now, the name Old Soul Exchange isn’t just catchy — it’s inspired by the bluegrass tunes of Marty O’Reilly & The Old Soul Orchestra, a favorite of Rachel’s. So, if you’re in the mood for a unique belt buckle, hand-curated clothing from all eras, genres, and sizes for all ages, genders, and walks of life, Old Soul Exchange is the place to be.

And hold on to your hats, because an exciting addition is on the horizon! An enchanting vintage book nook is set to debut in early February, featuring classic titles, literary oddities, and contemporary reads for your reading pleasure.

But wait, there's more – did you know Rachel is already connected to our Kissing Tree community? Yep, she's the talented artist who engraved the stones on our very own golf course.

So, dear neighbors, let's show some love to Rachel McCartney and Old Soul Exchange. Swing by for a piece of history, a dash of creativity, and maybe, just maybe, find that one-of-a-kind treasure you never knew you needed. Here's to building bridges between Kissing Tree and San Marcos in style!





2023 KT AWARDS

Rookie of the Year Award: Micah Ross, Fitness Manager

Sixth Man Award: Rae Lynn Wilson, Community Operations Coordinator

Best "Kiss" of the Year Award: Austin Rounds, Fitness Coordinator

I Can't Live Without You Award: Andy Pina, Senior Maitenance Technician

MVP Award: Andy Pina, Senior Maitenance Technician



CRITTER CORNER



Hey there, neighbors! Today, we're diving into the delightful world of Jane Belazi and her two canine companions, Henri and Junebug. If you haven't had the pleasure of crossing paths with this trio on their daily strolls, you're missing out on a whole lot of fur-tastic fun!

First up, let me introduce you to Henri, the Parti-Yorkie. He's not just a dog; he's the 'little boss' of the Belazi family. Henri has this uncanny ability to tell everyone what to do, and rumor has it, that he has Jane wrapped around his tiny paw. Jane insists he's supposed to be a Yorkie, but the jury is still out on that one. Perhaps Henri is in a league of his own!

On the other end of the leash, or should I say stroller, is Junebug, a mini golden doodle with a heart as golden as her fur. This cuddly sweetheart knows how to turn into a beast over food, so beware if you're munching on a snack around her. But fear not, both Henri and Junebug are hypoallergenic breeds with minimal shedding, making them the perfect companions for anyone looking to keep their home fur-free.

Now, let's talk about the famous puppy stroller. Yes, you read that right! Jane keeps Henri contained and out of trouble in this canine carriage during their walks. It's like Henri's own royal chariot, and he's not complaining one bit. However, Junebug, being the jealous but equally lovable sidekick, yearns to join the stroller party. According to Jane, the stroller has become a neighborhood conversation piece, and it's not uncommon for folks to stop and chat.

So, next time you're out for a leisurely stroll, keep an eye out for Jane, Henri, and Junebug. Don't be shy; strike up a conversation with this dynamic trio.

FOOD & BEVERAGE UPDATES

Get ahead of the game and secure your spot for your 2024 holiday party! Dates are filling up fast, so don't miss out on the chance to celebrate with us. To book your event, reach out to our Director of Food and Beverage, Brooke Roseland, at broseland@troon.com. It's time to plan the perfect festive gathering – reserve your spot now!

Exciting news! You can now find us on OpenTable for hassle-free reservations. Visit **https://tarboxandbrown.com/reservations/** to secure your spot. Wednesdays are dedicated to prime rib, and these reservations go like lightning! If you're craving prime rib, make sure to mention the number needed for your party in the comments when booking. Reserving guarantees you a delightful slice. Keep in mind, that you can book up to two weeks in advance – plan ahead for a delicious experience!

Food and Beverage Fact of the month:

Whiskey Wisdom: The term "whiskey" comes from the Gaelic word "uisce beatha," which means "water of life."

Valentine's

Feburary 14th 6 - 8 p.m.
$55 per person + tax & gratuity

MENU

CHAMPAGNE TOAST

SALAD

Caprese Salad

SOUP

Lobster Bisque

INTERMEZZO

Passionfriut Sorbet

ENTREE

Surf n' Turf with New Potatoes & Asparagus

(Sliced Beef Tenderloin & Jumbo Shrimp)

OR

Scallops with Tomato Risotto & Seasoned Mixed Vegetables

DESSERT

Strawberry Pound Cake with a Chocolate Dipped Strawberry

Please email Brooke at broseland@troon.com to reserve & your Entrée choice

MEET DAVID RHOADS

Executive Chef of Tarbox & Brown



David is a graduate of Johnson & Wales University, spent more of his career working in country clubs. He started working at Grato's Pizza at the age of sixteen which led him to culinary school and his love for the food industry.

David has lived in the area for 30 years with his wife Melissa and daughter Megan. Some of David's hobbies include, fishing and being outdoors. David hopes to bring all of his experience and creative ideas to Kissing Tree!



Happy February everyone. Winter has made itself known this year and we are certainly feeling the effects. After our first hard freeze of the year led to a multi-day golf course closure, we have our sights firmly set on getting through the end of winter and moving into spring. We have a lot to look forward to this year!

First, our big irrigation project is starting to enter the final stages for the most impactful part of the work, which is the 2" lateral line replacement. If the weather cooperates and we can stay on schedule, that work will be completed shortly after you read this letter. The main line crew will still have a few weeks of work yet, but that work lies on the exterior of the golf course and is much less impactful. So far, the work has come out great and the crew is doing a nice job repairing and cleaning up behind themselves. We will still have more to do and will certainly need some warmer weather to get the grass growing to get there, but the long-term impacts to the course are looking to be minimal as far as the evidence of the work goes and we should be able to enjoy decades of consistent and dependable irrigation. We expect that this will really elevate conditions on the front 9 of the golf course as soon as this summer.

Also, as we look forward to the spring, it is with a bittersweet taste as on one hand, I am very excited to have promoted our former Sous Chef, David Rhoads, to the role of Executive Chef. However, it also comes with some sadness as this means that our current Executive Chef, Chanel Heath-Beattie, is moving on as life has pulled her away from this part of the world. We will always be extremely grateful for everything she has done to get our new restaurant up and running. Her mark here will always be felt and remembered, and Chef David is going to pick right up and keep all of those great things rolling. We are looking forward to at least one (two if we fill up) wonderful Valentine's Dinner as well as keeping up with our new Prime Rib Wednesdays, which have been sold out every week!

I am also excited that our new golf course maintenance building will be finished in the very near future. We plan to host an open house once that building is completed. I would love for everyone to have a chance to meet our hard-working crew, get an idea of what all the equipment we use to take care of the golf

course looks like, and also have the opportunity to see the new facility. Our team and equipment finally having a proper home will boost morale, improve equipment upkeep, and also improve the overall look of the property as we will have a nice and organized facility to work out of.

Everyone, please stay warm as we get through this last little bit of Texas winter. Spring will be here before we know it and the days of frost delays, sunset at 5:30, and bundling up will be behind us for another season!

Best wishes,
Ryan Andrews, Golf Course General Manager –February 2024

Chef Chanel's Goodbye

I would like to thank all the KT Residents for being so welcoming and supporting me through my journey here at Tarbox & Brown. I have truly enjoyed getting to know you all & I'm so happy I had the privilege to cook for you. Unfortunately, my time at Tarbox & Brown has come to an end. The future of the restaurant will be left in good hands, there will be many more exciting events and wonderful meals ahead.

Regards,
Chef Chanel

UPDATES FROM THE GREEN

February is usually one of our colder months and is the time that we will paint the fairways. We have been spraying pigment on our fairways since September, which gives the grass a little color and delays dormancy. When dormancy occurs, we will apply turf paint to the fairways. This paint contains a binder that adheres to the leaf blade and provides a long-lasting overseed look to the fairways.

We will do this in two separate applications a day apart, and it will be a cart path only on those days to prevent tracking of the paint. Winter projects are ongoing, as well as the irrigation project and the maintenance facility construction. It has been a busy winter, and we are ready to put the cold weather behind us and start growing grass again!

We will see you on the course soon!

John Mckay, KT Golf Course Superintendent

Upcoming events

ALEX MEIXNER

Join us for an unforgettable evening with the one and only Alex Meixner, a Wurstfest legend and favorite, and a nationally acclaimed musician, performer, bandleader, educator, and advocate of polka music.

ST. PATRICK'S DAY PARTY

Get ready to Sham Rock and roll at our St. Patrick's Day party! Join us at the bar and enjoy our special St. Paddy's Day themed drinks that will give you the luck of the Irish. Don't forget to dress up in your most spirited St. Patrick's Day attire because we'll be having a GOLD WALK (similar to a Cake Walk) and the best dressed man and woman will win amazing prizes.

KTMC TOWN HALL

The Kissing Tree Master Community town hall. It's happening on Wednesday, Mar. 27 at 6 p.m. in Independence Hall. If you're unable to make it in person, no worries! You can still join us virtually by streaming the event through Zoom from the comfort of your home.

2024 TOWN HALLS

Overview

On the following dates, join your Community Life team and board of directors to discuss important issues in the community, including amenities, construction, golf, maintenance, and more.

KTMC

Quarter 1: Mar. 27

Quarter 2: Jun. 26

Quarter 3: Sep. 25

Quarter 4: Dec. 11

Cottages

Quarter 1 : Mar. 28

Quarter 2: Jun. 27

Quarter 3 : Sep. 26

Quarter 4: Dec. 12

Villas

Quarter 1: Mar. 28

Quarter 2: Jun. 27

Quarter 3: Sep. 26

Quarter 4: Dec. 12

Community Life Team

Matthew Dozier - Executive Director
Reebecca Rounds - Director of Community Operations
Kevin Wilson - Director of Community Engagement
Elizabeth Enriquez - Director of Community Assests
Micah Ross - Fitness Manager

Rae Lynn Wilson - Community Operations Coordinator
Anitra Martinez - Community Standards Coordinator
Andy Pina - Senior Maintenance Technician
Sandee Miller - Community Care Coordinator
Austin Rounds - Fitness Coordinator
Linda Mott - Community Engagement Coordinator
Ashlyn Wilson - Communications Coordinator
Jeremy Mott - Custodial Engineer
Gerald Hayward - Custodial Engineer
Richard Salinas - Facilities Technician

Katherine Dodd - Fitness Attendant
Michael Martin - Fitness Attendant
Trent Rodgers - Fitness Attendant
Elise Salinas - Front Desk Ambassador

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